The Donna Crandall FOUNDATION NEWS



PROVIDING PROGRAMS AND SERVICES THAT POSITIVELY IMPACT CYSTIC FIBROSIS PATIENTS. • WWW.DONNACRANDALLFOUNDATION.ORG



DMCF organizes food pantry project to benefit local CF families

Almost 700 bags of groceries delivered to date!

Since its inception, the Donna M. Crandall Foundation's objective has been to help cystic fibrosis families. Starting with the simple goal of making hospital visits cheerier with DMCF gift bags, the Foundation's aims quickly expanded to include easing the strains of everyday life for CF families. The COVID-19 pandemic brought many new challenges to our CF community and thus new ways for DMCF to support families. During 2020, Foundation board members noticed an increase in requests for help purchasing groceries and learned that food insecurity had become the new reality for many CF families. Motivated to come up with a solution, the Foundation immediately dedicated funds to create a new food pantry benefiting CF patients at Albany Medical Center.

The Foundation set to work creating bags of groceries that could be distributed during clinic visits. Grocery bags included fresh fruit from AJ Rinella Produce, non-perishable foods, and gift cards for milk and eggs from Stewarts. DMCF delivered the first bags of groceries to the AMC Pediatric CF Clinic in January 2021 and added the Adult CF clinic the following month.

continued on page 2

Foundation delivers 2,000th gift bag!

Twenty-one years ago, when the Crandall family was thinking of ways to help local cystic fibrosis families in Donna's memory, Lori Jenkins—Donna's sister-in-law—suggested creating small gift bags for CF patients at Albany Med. Now, the generous bags have become one of the trademarks of the Foundation, and in August 2021, DMCF delivered its 2,000th gift bag!

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Special thanks to our Newsletter Editor, Erin Snow.

2020 Holidays a little different, but still festive!

Cookie Boxes The pandemic touched many aspects of people's holiday traditions in 2020, and that included those of the Foundation too. With COVID restrictions still in place in December, Joan Hart and her loyal bakers were forced to take the year off from their famous cookie tin deliveries to the CF clinic. Still wanting to honor Donna's love of holiday baking, the Foundation came up with a unique—and pandemic-approved—way to share cookies with pediatric CF patients visiting Albany Medical Center in December—"Decorate Your Own" Cookie Boxes!

A special thanks goes out to Aimie Wockenfuss at Mazzone Hospitality for designing and creating these Cookie Boxes. Every pediatric CF patient



visiting Albany Medical Center in December could take home a box, each of which contained a dozen cut-out cookies, icing, and a variety of sprinkles.

The traditional Cookie Tins are BACK in 2021! If you would like to bake cookies to be included in the cookie tins, please contact Joan Hart at jhart1987@live.com. Cookie drop-off day at Joan's is December 5th so that she can get to work packaging them up for the CF clinic visitors later that month.

Pediatric Holiday Gift Bag In addition to taking home their cookie kits, pediatric CF patients also enjoyed holiday gift bags, made by Paige Catalfomo and Keira Houlihan. Each of the holiday bags contained snacks and goodies.

A Holiday Thank You for the E5 Staff To show appreciation for the doctors and staff that work on the Albany Medical Center CF floor, DMCF holiday elves made and delivered homemade candies to all three shifts.

Holiday Giving The Foundation adopted three local CF families during last year's holiday season. Gifts, food, and clothing were wrapped and delivered to help make the holiday special—and make life a little easier.

Additionally, the Foundation delivered \$2,000 worth of Walmart gift cards to the CF clinic to help make sure that families had what they needed to make their holidays memorable.



"Thank you for making the past holiday season a little brighter. Your gifts always arrive when they are so needed. Your foundation has helped us many times in the last seven years since our daughter was diagnosed with CF. Your support and assistance to our family is such a blessing. The Donna Crandall Foundation is a blessing to our CF community here in the Capital Region. We appreciate you more than words could ever express."

—The Debartolo Family



Thanks to photographer Dan Crowther for capturing the perfect picture for our reusable grocery bags. Keira Houlihan (a local CF patient and Dan's granddaughter) and her bright smile set the perfect uplifting tone.

DMCF organizes food pantry,

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In addition to helping those local families in need of food, the food pantry project makes life a little easier for all families visiting the CF clinic. After a long day in the clinic, families are thrilled to leave with two bags of groceries and avoid an extra stop at the grocery store. As of August 2021, the Foundation has delivered over 600 bags of groceries!

Mary Elizabeth Metcalf shared, "My 15-year-old son went to the CF center for his regular check-up. It was a milestone check-up because for the first time I stayed in the waiting room while my son navigated the appointment on his own. We walked out of the appointment with a smile on our faces and a huge bag of groceries and snacks on his arm. Thanks so much! We truly appreciate everything you do for our son and all patients with CF."

"For some families, the groceries you deliver each week are literally life sustaining," said Dr. Robert Kaslovsky at Albany Med. "Our patients are truly grateful for the help. I believe it has made a huge difference in the lives of our patients."

Over the last 21 years, the Donna Crandall Foundation has organized many different programs and services for the local CF community, but these simple bags of groceries have been a favorite by far.



A Pandemic Thanksgiving: Local CF families enjoy Thanksgiving dinners provided by DMCF



The COVID-19 pandemic made the 2020 holiday season one like none other. The DMCF board recognized that most holiday gatherings would be smaller as families chose not to travel to large gatherings. Trying to think of a way to ease the strain of the pandemic while also sharing holiday cheer, the Foundation decided to offer a Thanksgiving meal to each CF family treated at Albany Medical Center and each member of the Albany Med CF department, recognizing how hard they worked during 2020.

DMCF partnered with Mazzone Hospitality to organize the preparation of traditional Thanksgiving meals with all the trimmings. With the support of the local community, the Foundation was able to provide 140 meals to CF families and hospital staffers.

DMCF received a thank you note that shared, "We were so thankful for the wonderful Thanksgiving meal! It was so generous of the Foundation to extend that to staff as well. In a time that was particularly challenging for my husband and me, it meant so very much to feel that support. We are very lucky to have the Donna Crandall Foundation in our community."

Families picked up their meals at Mazzone headquarters in Clifton Park, and Foundation volunteers delivered meals to those who were unable to pick theirs up. Hospital staffers were able to pick up their meals at the end of their shifts at a special location next to the clinic. DMCF owes a special thank you to Aimie Wockenfuss and Anthony Marconi of Mazzone Hospitality who braved cold temperatures at the hospital pick up!

The Foundation board has decided to offer Thanksgiving meals to local CF families and Albany Medical Center CF staffers again in 2021. DMCF Vice President Lisa Cheney shares, "Everyone so appreciated the Thanksgiving meals last year, and since 2021 has brought its own share of challenges, the board wants to offer this little bit of holiday warmth—in the form of a delicious dinner!—once again." This year's Emerald Eve invitation will also include the opportunity to donate one of these meals.

ABOVE: A sign hung on the door as DMCF delivered a Thanksgiving meal to a local CF family.

RIGHT: Aimee Wockenfuss and Anthony Marconi distribute Thanksgiving meals outside Albany Medical Center.

BELOW: Chris and Chelsea Young and their children enjoy their Thanksgiving meal provided by DMCF and Mazzone!





What has DMCF been up to in 2021?!

The Donna M. Crandall Foundation is dedicated to serving the local CF community in both big and little ways. Check out just some of what it has been up to below!

In 2021 DMCF...

- Set aside \$100,000 to help to local CF families with financial hardships, including:
 - Mortgage and rent payments,
 - National Grid payments,
 - Roof repairs,
 - Car repairs,
 - Dental bills,
 - Phone bills,
 - Groceries, and more;
- Started the Food Pantry Project, providing over 600 bags of groceries to CF patients at Albany Med (see page 1 for more);
- Purchased invaluable supplies for clinic patients, usually provided by drug reps. During the pandemic, drug representatives were not allowed



Breakfast SID

into the CF clinic.
These reps ordinarily bring families invaluable samples of vitamins, Pediasure, Ensure, nebulizer mouthpieces, pediatric pill cups, and more. The Foundation jumped right in to make sure clinic supplies were maintained, and no one went without.

"Words cannot express how wonderful the legacy you have created in memory of Donna truly is. For someone I never had the privilege of knowing, she surely has had a profound impact on my life, and the life of my family."

- Kelly Reagan

- Recognizing that once again COVID changed many holiday plans, offered free Thanksgiving meals to every CF family treated at Albany Medical Center, as well as Albany Med CF staffers (for more see page 3);
- Supported a small business with ties to CF with the Drivyn Summer Surprise (see page 8 for more);
- Funded inpatient telephone and TV service, visitor parking vouchers, cafeteria gift cards, and hotel accommodations for patients' families;
- Distributed 53 generous inpatient gift bags, bringing the total number to 2,000 (see page 1);
- Provided 12 patients each with \$1,000 post-transplant financial assistance;

"Thank you so much for the \$1,000 gift! It was a welcome surprise. My insurance changed this year, so all my post-transplant appointments in NYC have a 30% insurance price tag! Your gift will help pay all those bills. Thank you for your generosity and thoughtfulness."

- A Grateful Patient

- Gave 10 graduating seniors with CF each \$500 checks. Donna Crandall always thought it was important to save for college, and for the past 21 years, the Foundation has sent a gift to graduating high school seniors to use toward miscellaneous college expenses; and
- Provided funding for monthly Zoom activities—organized by Maureen Sharkey, the Child Life Specialist at Albany Med—for the local teen population who were struggling as they tried to stay quarantined from the general public.

Dawn's Room and the E5 Lounge, both Foundation improvements to Albany Med's CF floor, continue to help local CF families.

Lindsey Turner, fiancée of local CF patient Justin Goldsmith, wrote the Foundation a note after staying in Dawn's Room, "We were admitted to Dawn's Room from the ER. The room is truly beautiful and helped us both mentally and physically. Having both Dawn's Room and the Lounge during our 9-day hospital stay was incredible. Having the Donna Crandall Foundation there for us helped us both be able to focus on healing instead of worrying. This was one of the most emotional weeks of my life as it was my first experience with Justin getting sick and needing hospital care. Your quick response and the action you took to help us when I reached out to the Foundation blew me away. Regardless if it's a child or a 40-year-old man, you have your doors and arms wide open, and that truly is an incredible feeling to know we have that."





TOP: Lindsey turner and fiancée Justin Goldsmith. BOTTOM: Justin Goldsmith in the E5 Lounge.

After her recent stay in Dawn's Room, Laura Conklin shared, "Thank you for making my first CF hospitalization in Albany so much more comfortable and luxurious than it otherwise would have been. Especially during this pandemic, going through a weeklong hospitalization was not my first choice, but I needed help. When I was taken to Dawn's Room and given the world's softest blanket, an ease came over me, and I was able to breathe. You didn't know the Jersey shore was my escape as often as possible. You brought pieces of it to me at the hospital! I am extremely grateful for everything you have done and the amazing work you continue to do to honor Donna's memory."



Jeff Snow working on the DMCF website.

DMCF website has a new look!

Twenty years into its work with the local CF community and 11 years since its last website update, the DMCF board decided to redesign the website to modernize it and make it easier to navigate. Jeff Snow—Donna Crandall's nephew and the one who set up DMCF's very first website in 2009, along with Lisa Cheney, Foundation Vice President, spearheaded the redesign project. They worked with web designer Barry Costa for about 12 weeks in the fall of 2020. The new site launched in October 2020.

"We wanted to make it easy to learn about the Foundation, projects we're working on, and how people can help," shares Jeff. "Plus, we wanted to streamline the site and bring it up to date—including making it easy to read on phones and tablets. A lot has changed since the first website in 2009!"

For updated news about the Foundation or to discover new ways to help, visit www.donnacrandallfoundation.org.



The Donna M. Crandall Foun



The Lemon Classic Golf Event returned in June 2021 and raised over \$10,000 for the Foundation! Restrictions in New York lifted at the last minute allowing the event's planners and founders—Erin Mark, Ryan Mark, Mike Utzig, and Danielle Utzig—to work quickly to plan a fun and safe golf fundraiser. In addition to the spirited round of golf, ninety golfers enjoyed lunch, golf challenges,

and drinks, as well as pizza and wings, as golfers finished up. All of these modifications allowed people to stay spaced apart, but still enjoy spending the day together. The Lemon Classic had some wonderful sponsors that helped make this year's event happen, including Gallagher,

the Baldwin family, the Hart family, the Maloney family, the Culihan Team from Coldwell Banker, and Oh Gee Cookie Company. Over the last seven years, the Lemon Classic Golf Event has raised over \$80,000 for DMCF!



Lemon Classic golfers ready to hit the course!



Good sports and tournament losers: Mariann Rapple, Randy Rapple, Nancy Shaw and Ron Shaw



Lemon Classic winners: Justin Chamberland, Michael Zuccaro, Matt Casper, Bob Payst



DMCF Vice President Lisa Cheney with two of the Lemon Classic organizers Erin Mark and Danielle Utzig



Thank you to
Saratoga Casino
Hotel for donating
\$5,000 to DMCF as part of
their Thirty Days of Giving
in December.

Lisa Cheney receives the \$5,000 check from Matt Cudemo, Director of Hotel Operations, and his daughter Jillian, a pediatric CF patient.

DMCF received **\$1,000** in **Sarah Ritchie-Crowther's** name as one of the SEFCU Top Volunteer with Distinction honorees.

dation Thanks Its Supporters!



Organized by Denise Murphy-McGraw, the **Wild Turkey Swim Team** Swim-A-Thon and Raffle raised **\$1,000** for the Donna Crandall Foundation.

Barbara Yovine's Book Club had the opportunity to choose a charity to receive \$500, and they chose the Donna Crandall Foundation!



Thank you to the **Fritz family** for shopping to fill the DMCF tote bags given to admitted CF patients at Albany Med.

Thank you to **Leo and Maryanne Breton** who deliver magazines to the E5 Living Room every month, as well as donate UNO cards in honor of their daughter Mary.

Linda Carotenuto shares her talent by making lap blankets to add to our gift bags!

Paige Catalfomo and Keira Houlihan once again made special gifts for holiday clinic visits.

Annette Phelps continues to head up shopping for newly diagnosed babies.

Deb Friedson donated 30 sets of Mary Kay hand cream and hand sanitizer, which will be added to our legendary gift bags.

Dan Crowther and Sarah Ritchie-Crowther



shared their photography talents at the Lemon Classic Golf Tournament.

Contributions honoring loved ones

We are honored and humbled that families and friends celebrating joyous occasions or honoring lost loved ones consider donating to The Donna M. Crandall Memorial Foundation. Such generosity makes it possible for us to reach out to others in need. Recent contributions commemorated the following:

Contributions to Honor ~

- Barbara Yovine
- Carolyn Nichols
- John Potanovic's birthday
- Tommy Potanovic's birthday
- Chris Young

In Memory Of ∼

- Jessica Allison
- Mary Breton
- David Carroll
- Adam Hine
- Daniel MacMillian
- Dawn McGuinness
- David Newcomb
- Lucas Perkins
- Erin Phelps

Summer Surprise makes clinic visits so bright, patients need to wear shades!

Donna Crandall never liked spending a day—especially not a beautiful, summer day—visiting the CF clinic. Almost since its inception, the Donna M. Crandall Foundation has paid tribute to Donna by organizing a "Summer Surprise" to make summer clinic visits at Albany Med a little more fun.

This year, Jack Cheney, Donna's nephew, discovered a company called **Drivyn** on social media. Drivyn is a small, family-run business supplying wood polarized sunglasses designed for active (or just fashionable!) people. The company's CEO's wife has cystic fibrosis, and the company is "Drivyn" to help find a cure for CF. A portion of the proceeds for each pair of sunglasses sold is donated to the Cystic Fibrosis Foundation. Drivyn's goal is to make a difference and contribute to the researchers who work tirelessly to find a cure for CF.

Jack reached out to Drivyn and asked them to consider teaming up with the Foundation to provide sunglasses to each CF clinic patient at Albany Med this summer. During clinic visits from June to August, each adult patient was given a special code to claim their pair of sunglasses. Then, they could visit www.drivynsupply.com, choose their pair of sunglasses, and wait for them to ship directly to their homes.

Pediatric CF clinic visitors also received sunglasses this summer. Casey Vision of Albany partnered with DMCF to provide polarized sunglasses for young pediatric patients, who were able to pick out their favorite shades during their clinic visits. Special thanks to Casey Vision for helping ensure we had quality glasses to fit our youngest Albany patients.

2013: 2013:

DMCF Summer Surprisesbringing smiles since 2002!

2021: Drivyn Sunglasses

2020: Socially-Distanced Summer Gift Cards

2019: Lake George Adventures

2018: Catch of the Day

2017: The Wall

2016: Lemonade Out of Lemons

2015: Custom Pillow Carriers

2014: Dancing in the Rain

2013: Summer Scratch-Off

2012: London Olympics

2011: Travel File

2010: Sorting Hat

2009: Gold, Silver, Bronze

2008: Deal or No Deal

2007: The Golden Ticket

2006: Vacation VISA

2005: Duffle Bags with Beach Towels

2004: LL Bean Coolers

2003: LL Bean Backpacks

2002: School Supplies

"A huge thank you to the Donna Crandall Foundation for the summer food pantry goodies and Drea's fabulous new pink aviators! You guys truly are the best and always make my girl so happy with your extreme generosity."

- The Harmon Family



Drea Harmon showing off her new Summer Surprise sunglasses.





TOP: Pediatric visitors selected their shades in clinic, courtesy of Casey Vision. BOTTOM: Adult and teen clinic visitors received their Drivyn codes with sunscreen;



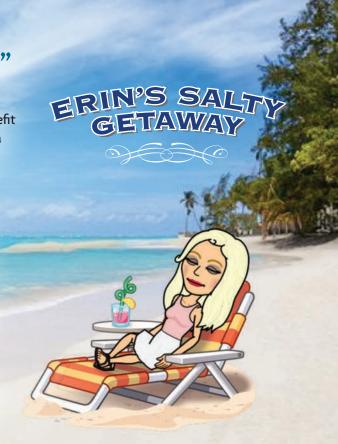
Lemon Classic funds "Erin's Salty Getaway"

By Erin Mark

Ever since Ryan, Mike, Danielle, and I started the golf tournament to benefit the Crandall Foundation, I've wanted to do a little something extra with a small portion of the proceeds. When we continued to raise over \$10,000 each year, I knew I would have the opportunity to do just that.

One of my favorite places in the whole entire world is the beach—it is where I'm the happiest and most content. With all the expenses and other battles associated with CF, I know it can be a struggle to plan a getaway with family and friends, so we started "Erin's Salty Getaway," in which a small portion of our golf proceeds every year will go toward giving a local CF family a beach rental in Long Beach Island, NJ for a week in the summer. The winners are chosen at random—to be eligible, you must be a CF patient in the Capital District. We are so thrilled that this is the second year a family has received a getaway.

Living with a disease like Cystic Fibrosis is full-time job you never get a break from, and you are forced to rely on others a lot of times, like your significant others, family, and friends. I thought this would be a great way to get some much needed R&R with your family or friends and treat yourself to some "vitamin sea!"





The Fritz family continues to help DMCF by shopping and coming up with new items for our famous bags. Here, Kevin Fritz, the youngest of the four Fritz kids, continues the tradition and takes over while his siblings are at school. Michael, Maggie, and Mary fill in when they are home from college.

If you are interested in shopping for the DMCF bags, contact Lisa Cheney at lisa@crandallfoundation.org.

Foundation delivers 2,000th gift bag! continued from page 1

Delivered to CF patients admitted to Albany Medical Center, the bags are targeted for the patient type—about two-thirds are for adult patients, who are frequently sicker and in the hospital more than children. The remaining third are distributed to children and newly diagnosed infants. The infant bags always contain special gifts, like a handmade quilt and a Burke Bear, so new CF families know the Foundation is always here with support.

The bags have always been designed with the goal of making hospital stays more enjoyable. Every year the goodies in the LL Bean canvas bags get tweaked slightly, both to keep up with the technological trends and also to adapt to patients' ever-changing needs. In addition to the usual treats for patients like scratch-offs, gift cards (to Panera, Dunkin Donuts, Starbucks, Uber Eats, and Grub Hub), games, books, snacks, Mike and Ike's (Donna's favorite candy), UNO cards (in memory of Mary Breton), the 2,000th bag included a surprise check for \$2,000!

"What started as a simple idea to bring joy to others has turned into something we never would have imagined twenty-one years ago," shares Foundation Vice President Lisa Cheney. "Our amazing supporters have allowed us to not only continue to deliver smiles in the form of DMCF gift bags, but also grow into the Foundation we are today. Whether helping with bills or providing distractions for a hospital stay in our trusty tote bags, the Donna Crandall Foundation is here for the local CF community."

2020 "Canceled Emerald Eve" raises \$110,000!

Like many events in 2020, the 20th Annual Emerald Eve was canceled because of the COVID-19 pandemic. Foundation board members realized early on that it would not be safe to proceed with the annual fundraising event and celebration. But, Emerald Eve always brings in crucial funds to support the Foundation. Venturing into uncharted territory, DMCF asked supporters to send a donation without attending an event. The Foundation was overwhelmed by the support of sponsors and annual Emerald Eve attendees—donations totaled over \$110,000!

"We were disappointed that we could not come together in person to celebrate DMCF's 20th anniversary," said DMCF Board Member Lori Jenkins. "But, we were so thankful for the outpouring of generosity from our Foundation community."

This money raised from "Canceled Emerald Eve" was crucial to keeping the mission of the Foundation alive. Because of its generous supporters, DMCF was able to continue meeting the needs of the local CF community. It was a challenging year for many financially, and the DMCF was able to ease the burden in many ways. In addition to starting the Food Pantry project that benefits CF patients treated at Albany Medical Center (see page 1), the Foundation helped patients'

families pay for emergency housing, late mortgages, car payments, electric bills, phone bills, and more. DMCF helped two different families who were faced with the daunting task of paying for new roofs and mold remediation—a critical need because mold in the home can be life threatening for CF patients. It also contributed to smaller—but still vital—needs, like a new refrigerator, children's clothing, and a portable nebulizer unit. When a member of the local CF community is in financial crisis, they can always turn to DMCF. Thank you to all of the supporters whose donations helped to continue this mission in 2020 and 2021!

A special thanks to Kaitlyn Cheney, Donna's niece, for organizing a surprise 20th anniversary video. Since Emerald Eve was canceled, she reached out to patients, sponsors, doctors, and CF staff to share their reflections on the past years. She and her siblings worked with Dow Haynor to produce the anniversary video. The outpouring of love and support touched the Foundation board. Additionally, thank you to the Potanovic family for organizing a drone video of four-wheelers coming together to form a gigantic "THANK YOU!"

The courage and determination of our local CF community inspires DMCF to work hard each day to make their life brighter.

Emerald Eve 2021—POSTPONED!

The Donna M. Crandall Foundation Board was sincerely looking forward to gathering once more to toast our 21st Anniversary this November, but out of an abundance of caution, it has decided to postpone Emerald Eve another year. Be on the lookout for more information on how you can still support DMCF in the coming year (or see page 11 for a list of simple ways to contribute!).

Mark your calendar for the 22nd Emerald Eve–
Saturday, November 19, 2022 at the Canfield Casino!

2020 SPONSORS

During these unprecedented times we are so grateful to our loyal supporters.

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Mr. and Mrs. Bob O'Connor
Mr. and Mrs. Tom Potanovic
Mr. and Mrs. Anthony Zappone
Mr. and Mrs. Clifford Zwicklbauer

What can I do to help the Foundation?

There are *many* fun and unique ways you could help the local CF community with the Donna Crandall Foundation. See below for some ideas!

- 1. Help with the food pantry. Shop for or donate food to the food pantry benefiting CF patients at Albany Medical Center, or deliver groceries to the clinic on Monday afternoons. Visit the Donna Crandall website for directions how to get involved.
- 2. Sign up for Amazon Smile at smile.amazon.com and select the Donna M. Crandall Foundation as your charity. A portion of every Amazon purchase you make from smile.amazon.com will go to DMCF. It might not sound like much, but DMCF has already received hundreds of dollars thanks to Amazon shoppers.
- 3. Create seasonal in-clinic surprises. These small gift bags for patients typically include gift cards (gas, grocery, Starbucks, etc.) and other small seasonal treats. The Foundation will reimburse you for expenses. E-mail Lisa Cheney at lisa@crandallfoundation.org to learn more.
- 4. **Bake cookies** for the annual winter holiday cookie tins. Back after a one-year hiatus due to COVID-19, we are excited to once again be able to deliver cookies to patients going to clinic appointments in December. E-mail Joan Hart at jhart1987@live.com.
- 5. Consider a donation to the Foundation in lieu of birthday or Christmas gifts this year. We are happy to send a card to use as your gift. E-mail Lisa Cheney at lisa@crandallfoundation.org to coordinate..
- 6. *Sponsor a Thanksgiving dinner* for a grateful patient. Visit the Donna Crandall Foundation website to donate or send a check to DMCF / 50 Traditional Lane / Loudonville, New York 12211.

- 7. **Donate a package of UNO cards** in memory of Mary Breton to be used in gift bags. Mail to DMCF / 50 Traditional Lane / Loudonville, NY 12211 (can be sent directly from smile.amazon.com!).
- **8.** *Donate a* \$25 *gas card or Price Chopper gift card* to the Foundation to be given to CF patients or their families.
- 9. Donate your favorite books or magazines to be given to patients in DMCF gift bags (can ship directly from smile.amazon.com).
- 10. Review whether your company has a charity-matching program or donates to a charity in return for your volunteer hours.
- 11. *Host a small fundraiser* to benefit the Foundation, like a lemonade stand, a game night, or a wine tasting with friends.
- 12. Be a sponsor of the 2022 Lemon Classic Golf Tournament. E-mail Erin Mark at eringoodrich@yahoo.com.
- 13. Be a 2021 Corporate Sponsor. Amounts range from \$500 to \$2,500. E-mail Lisa Cheney at lisa@crandallfoundation.org to receive a sponsorship packet.
- 14. Sponsor a Zoom Program for Young Adults.

 Maureen Sharkey, the Child Life Specialist at Albany Med, organizes monthly Zoom programs for local CF teens to connect and build community. Donate at the Donna Crandall website.
- 15. Donate any amount—no amount is too small—at donnacrandallfoundation.org.



Lisa Cheney surprised with her own Burke P. Bear!

E very year at Emerald Eve, the Donna M. Crandall Foundation recognizes some of its special friends with "Burke P. Bear Awards," our small way of acknowledging their dedication to the Foundation and people with cystic fibrosis. With the 2020 Emerald Eve canceled due to COVID, Kaitlyn Cheney organized a special, surprise anniversary video to share with Lisa Cheney, the Foundation's Vice President and its most

stalwart champion. After the video was shared on Zoom, Lisa was presented with her own Burke Bear.

As always, Lisa never wants recognition, but when Kaitlyn reached out to the other Foundation board members with her anniversary video idea, David Crandall, Foundation President, enthusiastically replied and suggested Lisa should finally get her own Burke Bear.

David and his wife Claudia even had a "Camp Crandall" shirt made for the bear. He shared, "Lisa is the heart and soul of the Foundation. She is the backbone of it all, working with Albany Med, with patients, and with all of our volunteers. She has touched an incredible amount of lives with her work over the last twenty years and unquestionably embodies the spirit of our Burke Bear award."



50 Traditional Lane Loudonville, NY 12211

